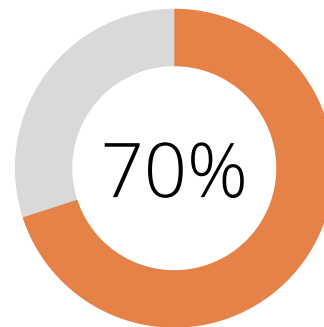


KITTITAS COUNTY 10TH GRADERS In Your Classroom

In a class of 25



| | | |
|--|----|--|
| Has a safe adult they can talk to if they need help | 15 | |
| Participates in after-school activities | 14 | |
| Felt depressed in the past 12 months | 10 | |
| Has ever had sexual intercourse | 9 | |
| >3 hrs. TV, video games, social media on an average school day | 7 | |
| Plays video games or is on social media >2 hrs. a day | 7 | |
| Has seriously considered suicide | 6 | |
| Skipped school in the last 4 weeks at least 1 full day or more | 5 | |
| Was a victim of bullying last 30 days | 5 | |
| Doesn't feel safe at school | 5 | |
| Ever used E-cigs or Vapes | 5 | |
| Overweight or obese | 4 | |
| Was in a physical fight in the past 12 months | 3 | |
| Engaged in binge drinking past 2 weeks | 2 | |
| Smokes marijuana last 30 days | 2 | |
| Carries a weapon at school last 30 days | 1 | |
| Smokes cigarettes or chews tobacco last 30 days | 1 | |



Roughly 70% of 10th graders reported feeling nervous or anxious in the past 2 weeks

Questions?

(509) 962-7515 | publichealth@co.kittitas.wa.us | www.co.kittitas.wa.us/health

